NEWSLETTER

SkillSHARE FROM BODMIN LIGHT AND LIFE CHURCH

BODMIN LIGHT & LIFE CHURCH



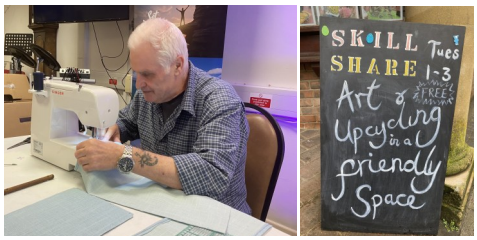
SkillSHARE has now been operating for over five years, which we can hardly believe! During that time, we've upcycled furniture, produced items for local charities, created numerous crochet works, painted many pictures, renewed old bikes, and held various workshops, from poetry writing to tie-dye. But, above all, we've increased people's confidence in themselves, in their abilities, and their opportunities. Three SkillSHAREers have entered full-time employment, and others have gone from shy, reserved individuals, to leading parts of SkillSHARE! SkillSHARE changes lives!



SkillSHARE continues to use art, craft and upcycling as opportunities for people to share their skills and discover new ones. We've held our own Art Exhibitions and contributed to the town's art festival. Hosting such events has given our SkillSHAREers new opportunities as they've engaged with the public and found pride in their achievements.



We're so grateful to those who kindly donate items for us to upcycle and sell on. We also repair items for their owners — just ask us for more details and options.



We're increasingly selling our upcycled products through displaying them 'next door' in 81B's front window. These sales bring much needed funds in to reinvest back into our projects.



Since day one, we've been committed to bringing all ages and abilities together to work effectively as teams, and this continues to be key to the success of SkillSHARE today.



"After a few weeks I was able to walk in the door with next to no anxiety or panic. It has built my confidence, and I have met some wonderful people, just chatting with others who have struggled with many of the same things has been such a help."



We've seen **people grow in confidence**, initiate new projects, build their confidence to return to work and to volunteering, and above all, find a safe and supportive environment in which to flourish.

SkillSHARE changes lives — can you help us go forward?

Come and share your skills with others! Find a safe place to grow, learn, and make new friends! Donate your items to upcycle! Buy our renewed items!



EVERY TUES 1-3PM 81A FORE STREET, BODMIN PL31 2JB

SkillSHARE is an initiative of Bodmin Light and Life Church. Charity No: 1128866